

# Dance/Theatre Classes by Age

Dancers must meet their respective levels' age requirements by August 31, 2025. Adhering to these cutoff ages ensures that dancers can maximize the benefits of their training. Being in the proper age division & level allows dancers to progress at a pace that is both challenging & safe for their physical & emotional development. It fosters a supportive environment where dancers thrive, build foundational skills & safely master more advanced techniques. Pushing students into levels or age divisions they're not ready for can be detrimental. Physically, it may lead to overexertion & an increased risk of injury as they attempt movements beyond their current abilities. Emotionally, it can erode confidence & enjoyment, as students may struggle to keep up with peers or feel inadequate. By respecting age cutoffs & skill levels, dance education can remain safe & fun for all students.

## Wiggles & Giggles (18ms-2.5)

Wiggles & Giggles Sunday, 11:00-11:30 am  
Wiggles & Giggles Monday, 4:00-4:30  
Wiggles & Giggles Tuesday, 9:30-10:00 am  
Wiggles & Giggles Wednesday, 10:45-11:15 am  
Wiggles & Giggles Thursday, 5:00-5:30  
Wiggles & Giggles Friday, 4:30-5:00  
Wiggles & Giggles Saturday, 9:15-9:45 am

## Tu Tu Cute (2.5-3)

Tu Tu Cute Sunday, 11:30-12:00  
Tu Tu Cute Monday, 4:30-5:00  
Tu Tu Cute Tuesday, 10:00-10:30 am  
Tu Tu Cute Wednesday, 11:15-11:45 am  
Tu Tu Cute Thursday, 5:30-6:00  
Tu Tu Cute Saturday, 9:45-10:15 am

## Magic Movers (ages 3-4)

Magic Movers Sunday, 12:00-12:45  
Magic Movers Monday, 9:30-10:15 am  
5:00-5:45  
Magic Movers Tuesday, 10:30-11:15 am  
4:30-5:15  
Magic Movers Wednesday, 10:00-10:45 am  
5:00-5:45  
Magic Movers Thursday, 9:15-10:00 am  
6:00-6:45  
Magic Movers Friday, 5:00-5:45  
Magic Movers Saturday, 10:15-11:00 am

## Go Go Groovers (ages 5-6)

Go Go Groovers Sunday, 12:45-1:30  
Go Go Groovers Monday, 5:45-6:30  
Go Go Groovers Tuesday, 5:15-6:00  
Go Go Groovers Wednesday, 5:45-6:30  
Go Go Groovers Thursday, 6:45-7:30  
Go Go Groovers Friday, 5:45-6:30

Go Go Groovers Saturday, 11:00-11:45 am

## Club FUNdamentals (ages 6-8)

Heart & Soul (ballet/modern) Monday 5:30-6:30  
Friday 5:00-6:00  
Sass Attack (pom/jazz) Monday 6:30-7:30  
Hip Hop Flip Flop (hip hop/acro) Tuesday 6:00-7:00  
Friday 6:00-7:00  
Shuffle & Shine (jazz/tap) Tuesday 5:00-6:00  
Razzle Dazzle (Broadway/tap) Thursday 5:00-6:00

## Mini (ages 8-9)

Jazz Mini I (8-9) Monday, 7:30-8:30  
Jazz Mini II (8-9) Wednesday, 7:00-8:00  
Acro Mini (8-9) Tuesday, 5:00-6:00  
Tap Mini (8-9) Tuesday, 6:00-7:00  
Ballet Mini (8-9) Saturday, 11:45-12:45  
Ballet I (9-11) Thursday, 5:00-6:00  
Move Crew Mini (8-9) Wednesday, 6:00-7:00  
Modern Mini (8-9) Monday, 6:30-7:30  
Move Crew Boys (9-13) Wednesday, 7:00-8:00  
Pom Mini/Petite (8-11) Friday, 5:00-6:00

## Petite (ages 10-11)

Jazz Petite I (10-11) Wednesday, 5:00-6:00  
Jazz Petite II (10-11) Saturday, 10:30-11:30  
Acro Petite (10-11) Saturday, 9:30-10:30  
Tap Petite (10-11) Tuesday, 7:00-8:00  
Ballet I (9-11) Thursday, 5:00-6:00  
Ballet II (9-11) Saturday 10:45-12:00  
Ballet Petite (10-11) Monday, 7:30-8:30  
Ballet II-III (11-12) Saturday, 10:30-11:45  
Move Crew Petite (9-11) Wednesday, 6:00-7:00  
Modern Petite (10-11) Thursday, 6:00-7:00  
Cirque (10-13) Tuesday, 6:00-7:00  
Move Crew Boys (9-13) Wednesday, 7:00-8:00  
Pom Mini/Petite (8-11) Friday, 5:00-6:00

### Juniors (ages 12-13)

Jazz Jr (12-13) Thursday, 5:00-6:00  
Acro Jr (12-13) Tuesday, 7:00-8:00  
Tap Jr (11-14) Thursday, 7:30-8:30  
Ballet Junior (11-12) Thursday, 6:00-7:15  
Ballet II-III (11-12) Saturday, 12:00-1:15  
Ballet III (11-13) Tuesday, 4:45-6:15  
Beginner Pointe (by invitation) Tuesday, 6:15-7:00  
Move Crew Jr (12-13) Monday, 6:00-7:00  
Modern Jr (12-13) Monday, 5:00-6:00  
Cirque (10-13) Tuesday, 6:00-7:00  
Pom Junior/Teen (12-14) Friday, 6:00-7:00  
Move Crew Boys (9-13) Wednesday, 7:00-8:00

### Teen (ages 14-15)

Jazz Teen (14-15) Wednesday, 8:00-9:00  
Acro Teen (14-15) Tuesday, 8:00-9:00  
Tap Teen (14-15) Wednesday, 6:30-7:30  
Ballet III (11-13) Tuesday, 5:00-6:30  
Ballet Teen (13+) Thursday, 5:00-6:30  
Ballet IV (13-15) Monday, 5:00-6:30  
Beginner Pointe (by invitation) Tuesday, 6:30-7:00  
Int Pointe (by invitation) Saturday 10:00-10:45  
Int/Adv Pointe (by invitation) Monday, 6:30-7:00  
Move Crew Teen (14-15) Monday, 7:00-8:00  
Modern Teen (14-15) Tuesday, 7:00-8:00  
Pom Junior/Teen (12-14) Friday, 6:00-7:00  
Cirque (14+) Wednesday, 6:00-7:00

### Senior (Ages 15-18)

Jazz Senior (16+) Wednesday, 7:00-8:00  
Acro Senior (16+) Saturday, 11:00-12:00  
Tap Senior (16+) Wednesday, 8:00-9:00  
Ballet Senior (by invitation) Monday, 4:45-6:15  
Ballet IV (13-15) Saturday, 8:30-10:00  
Int Pointe (by invitation) Saturday 10:00-10:45  
Int/Adv Pointe (by invitation) Monday, 6:15-7:00  
Intermediate Point (by invitation) Saturday, 10:00-10:45  
Move Crew Senior (16+) Wednesday, 5:00-6:00  
Modern Senior (16+) Monday, 7:00-8:00  
College Prep (ages 15+) Thursday, 6:30-8:00

### Adult Classes

Adult Ballet I (19+) Monday, 8:00-9:00  
Adult Ballet II (19+) Tuesday, 8:00-9:00  
Senior Ballet (55+) Tuesday, 10:15-11:15  
Adult Tap (19+) Wednesday, 7:30-8:30  
Senior Tap (55+) Thursday, 10:00-11:00  
Adult Jazz (19+) Thursday, 8:00-9:00

## **Rising Stars Theatre Program**

### Early Childhood

Once Upon a Stage (ages 4-7) Wednesday 5:00-6:00

### Mini (ages 6-8)

Theatre Voice Mini, Monday 5:00-6:00  
Broadway Moves Mini, Tuesday 6:00-7:00  
Improv Mini, Wednesday 6:00-7:00  
Acting Essentials Mini, Thursday 6:00-7:00

### Junior (ages 9-11)

Broadway Moves Junior, Monday 7:00-8:00  
Audition Bootcamp Junior, Monday 8:00-9:00  
Theatre Voice Junior, Tuesday 5:00-6:00  
Improv Junior, Wednesday 7:00-8:00  
Acting Essentials Junior, Saturday 11:00-12:00

### Senior (12+)

Improv Senior, Monday 6:00-7:00  
Audition Bootcamp Senior, Tuesday 7:00-8:00  
Acting Essentials Senior, Wednesday 8:00-9:00  
Theatre Voice Senior, Thursday 7:00-8:00  
Broadway Moves Senior, Thursday 8:00-9:00

### Adult (19+)

Adult Broadway Moves, Tuesday 8:00-9:00  
Adult Acting & Voice, Saturday 10:00-11:00