



December 2011

News and Views

Hello All and Happy Holidays,

I hope this finds you doing well this Christmas season. Classes are going great and students are working hard. I want to take a moment and talk about our philosophy a bit with you.

Here at MCDA dance has always been "Serious Fun". But every now and again I here the rumbling of dancers "It's no fun! - It's hard, I don't want to go!" then the torment of mom commences. :P With that said, know what, why and how we operate around here.



Dance is a "discipline" It isn't easy, if it was everyone would do it. Any one can shake their tail feather and party on down, but "Dancers" are trained, disciplined and skilled. Sometimes the fun is in the hard work, in the blood sweat and tears and the reward is the talent you obtain when you achieve your goal.

If your dancers is struggle making friends in class, or finding

Important Dates

Ballet Audition - January 8th
(Columbus)
Studio Open - January 16 th
Studio Open - February 17-20
Costume Balance Due - February 18th
Watch Week - February 20-25
Competition - March 2-4 (Youngstown)
Third Semester Tuition Due - March 17th
Jump Dance Convention - March 16-18



" A Legacy of Dance "

This year's recital will be based on the different legacies of life and dance. The legacy left to us, and the ones we leave to the next generations. We will explore music, eras of history, emotions and more that help us remember the legacies shared with us and to plant roots that will grow our legacy as dancers, teachers and a studio.

June 4th Load . In- Company Tech Rehearsal
June 5th 1/2 cast Tech
June 6th 1/2 cast Tech
June 7th All cast Dress Rehearsal
June 8th All cast Show One 7:00p
June 9th All cast Show Two 7:00p





ing friends in class, or finding fun in class, try coming 10-15 minutes early. This will give them time to make friends, talk, giggle and socialize BEFORE class starts.

I know lots of studios have party days and bring a friend and play day, and make video day, and so

oní but we have õlearn to dance dayö ô every day! Over the past 25+ years I have seen 1,000ø of dancers grow up and countless ones have gone on to dance in college, and professionally. MCDA students are respected in the arts community as talented, well trained young professionals. That is something I will not sacrifice. So we can õplayö in dance class.

As with any sport, soccer, football, baseball, etc dance has life long valueí commitment, discipline, work ethic, reward in success and loss. Dance develops strong healthy bodies and life-time fitness interest.



So lets work together to keep this FaceBook, Xbox, Disney Channel generation, moving, focused and striving to understand the value, reward and Fun in good old fashioned hard work.

Love and Plies, Miss Kelly

Tickets will go on sale Saturday May 5th at 8:00a.m
Time lottery will be in April




Tee Shirts order will be due by April 1st

Costume balances will be due by February 18th

Pictures are schedule for Saturday and Sunday June 2 & 3rd.
(MHS seniors don't panic, I will schedule you on Saturday afternoon so you can graduate and get your dance pictures taken. :P xxoo)
Times will be posted in late April.


Dancer's—Cover It Up!!!!



You NEED to wear sweats, pants, jackets and LAYERS. Cold shock to your warm muscles is not good, plus you will get sick! MOMöS PLEASE HELP ME OUT! Being õHOTö is not a bad thing ! Sweat is good and so are warm muscles.!

I know many of you dancers jump in the car in the garage and you don't realize how cold it isí but you need to PREPARE AND LAYER UP BEFORE AND AFTER CLASS.

We work hard to warm dancers up and stretch them out!!! Keeping the muscles warm and progressing into slower cool down keeps the blood vessels dilated and blood flowing to the muscles. So we can gain the full benefit of the work we just completed. The cold shock of outside temperatures will constrict blood vessels and shock the muscles. Making it hard to program good muscle memory for the turnout



Winner for Dinner

Congratulations to our Winners for Dinner for September, October and November.

Liz Gutbrod, Kim Harbaugh and Dawn Edmonds. Each won a \$50.00 gift card to Dinner.!!! Congratulations and thank you for displaying your MCDA car decals!! We appreciate your loyal support!

Dress Code

Hair Up - SECURELY
Proper Dress
Proper Shoes

Every Class, ALL THE TIME!

Just DO IT! Please!



Summer Dance Intensives and Camps

Summer Camps and Intensives provide opportunities for the dancer to indulge in a concentrated and exploratory curriculum designed to maximize the student's progress in artistic and technical areas. I strongly encourage dancers find a summer intensive to get involved in.



I will be taking a group of girls to Cincinnati Ballet this summer for a 2 week intensive. Auditions are in January.

Two week of ballet not your thing? How about a tap or jazz intensive. If you're interested let me know I will help you find the right summer program for you!

We are working on some fundraisers to help us get kids to all the cool places they want to go. Look for more info in early January.

Jump Dance Convention!

When: March 16-18, 2012

Where: Hyatt Regency Dearborn Michigan

Why: For the Love of Dance

Because its Fun

Learn tons and dance with you favorite
Super Dance Stars!

Trinity Dance heads to conventions every year. The girls learn so much, have a great time and come back to the studio on fire! It is a positive and rewarding experience.

If you are interested and have questions about the next level of dance, this is a great way to explore it.

So You Missed A Class?

If you miss dance class due to illness, a family obligation or a school related activity, you can do a make up in a similar level and style class at our convenience. ***But you should Make it up!!!***

level of dance, this is a great way to explore it.

Visit the Jump website to see what its about or see Miss Kelly! We would love to have you join us this year!

WWW.JUMPTOUR.COM

Andrea with
So You Think you Can Dance+
Winner Lauren



Dancers can quickly get behind if they miss to many technique classes. Dancers who miss too many classes without makes up will NOT progress to the next level, next season. Level progression is about skills mastered not time committed or age.

That class is too easy, or that class is to hard is NOT an excuse to **NOT** attend make ups. You can always learn something in any class you attend. Working with fellow students of different levels helps you and them. Miss Mary shared this -
Much of what you can learn in a class is Caught not Taught
Stretching yourself and working with different students, help you and them.

Be sure to talk to your teacher about what classes would be best for you to make up in and remember to sign the Make Up book at the lobby desk when you come in.

Make up classes are not a substitute for regular class, or meant as a long term replacement because of over scheduling conflicts. Good attendance in regular classes is key to a dancers success.

Ballet technique is arbitrary and very difficult. It never becomes easy--it becomes possible. The effort involved in making a dancer's body is so long and relentless, in many instances painful, the effort to maintain the technique so grueling that unless a certain satisfaction is derived from the disciplining and the punishing, the pace could not be maintained.



Agnes de Mille

Congratulations !

To 8 of MCDA's finest. The were chosen to perform in the Nutcracker at Playhouse Square in downtown Cleveland with

Royal Winnipeg Ballet of Canada

The danced the roles of Party Girl & Boy, Mouse, Mounties, Angel.
Way to Go Dancers !

Hailey & Julia Morgan, Danielle & Janna Raeber, Eden Powers, Emma Advent, Shannon Bailey, and Ella Gilson!

